

Important Questions: How To Determine A Provider's Disability Lens

-Does this counsellor/therapist have experience working with people with disabilities?

-Do they have any experiences working with your specific disability?

-Do they have experiences with people with disabilities with intersectional identities of race, class, gender and sexual orientation?

-How do they see/define disability? Charity, Medical, Social or Independent Living Model

-Are they willing to listen, learn and work with you?

-Are they going to respect my decisions with regards to treatment?