# How to Have an Effective Meeting with your Service Provider

#### Setting up a meeting

- To set up a meeting with your Service Provider, call the office to speak to the Manager. Give the reason that you'd like to meet with them. Ask when they will be available to meet with you.
- You may work alone or with a friend, family, Centre for Independent Living in Toronto Independent Living Skills Coordinator, Lawyer or disability organization. If you get someone to accompany you to a meeting, it is courteous to inform the Service Provider who will be coming with you.

#### **Preparation**

- Write a concise background on the issue, your concerns, and your proposed solutions.
- If you get someone to accompany you to a meeting, share your relevant materials before the meeting.
- Bring the materials that the Service Provider can refer to later.
- Be prepared to listen.
- Focus on how you can solve the problem with the Service Provider.

### At the meeting

- Present your case in a clear and concise way, stating the exact nature of your concern and precisely what you want the Service Provider to do about it.
- Focus on one or two issues.
- Insist on a straight answer to your questions.

- If the Service Provider agrees with you, get it in writing and a timeline to put the solutions in place.
- Even though you may be very passionate about your issue, and may disagree strongly with the Service Provider's stance, have a calm and respectful dialogue. Show that you are willing to work with them.
- Even if the Service Provider disagrees with you, thank them for the time and opportunity to meet.
- A meeting with a Service Provider usually lasts no more than an hour. If you have an agreed-upon time limit, stick to it.
- If no solution is reached, ask the Service Provider what is their complaints & appeals process. If there is no appeals process, then you may choose to speak to
  - Registered Professional Association
  - Program Supervisor of the Government Ministry with responsibility for that agency.
  - Disability organizations like Centre for Independent Living Toronto and/or The Anne Johnston Health Station
  - Third party Mediator or a Lawyer
  - City Councillor, Member of Provincial Parliament, and/or Federal Member of Parliament
  - Privacy commission (Provincial or Federal)
  - Ombudsman Ontario or Patient Ombudsman
  - Media

## After the meeting

- Follow up. Write a letter thanking the Service Provider for meeting with you. In your letter, summarize any commitments that were made, and ask for an update on what has been done.
- Keep your allies informed and thank them too.