

CILT invites you to “People with Disabilities and Self-Advocacy with your Doctor in Ontario” Zoom meeting on Tuesday July 29, 2025, 1:00-3:00 PM Eastern Time (Canada)

Description: The webinar will provide self-advocacy skills for people with disabilities when visiting a doctor to ensure your access needs are being met. It will build on the understanding of the Independent Living Model vs the Medical Model for accessing health supports with your doctor and how to find a doctor in Ontario. This webinar will provide knowledge on your Health Information and Privacy Rights in Ontario.

When: Tuesday July 29, 2025, 1:00-3:00 PM Eastern Time (Canada)

Access Supports: ASL-English interpretation and CART Captioning will be provided.

If you require any access accommodations, please let us know in the Access Accommodation section of the registration by July 22, 2025.

Register in advance for this meeting at:

https://us02web.zoom.us/meeting/register/sSTu_ZT0SyWYtqrrmJZEXg

This workshop will have the following objectives:

- 1) Understanding the Independent Living Model vs the Medical Model
- 2) How to find a Doctor in Ontario
- 3) How to self-advocate with your doctor and ensure your access needs are being met
- 4) Know your Health Information and Privacy Rights in Ontario
- 5) Question and Answers
- 6) Resources

If you need assistance with registering, please e-mail

robin.simmons@cilt.ca or call 416-599-2458 ext. 293. Please note, you will not be able to join the session without registering first. After registering, you will receive a confirmation email containing information about joining the meeting.

Centre for Independent Living in Toronto (CILT) Workshop Facilitators:

John Mossa, Independent Living Skills Coordinator

Robin Simmons, Inquiries Generalist

Dev Ramsawakh, Program Assistant