



2024–2025 ANNUAL REPORT



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Cover photo: Staff at the 40th anniversary gala event

Photo this page: CILT receiving the Toronto Community Champion Award



Top photo: CILT staff during “The Ride Ahead” screening at TIFF

Bottom photo: CILT staff attend the Disability Pride March

President and Chair

Darren Cooper

It has been my pleasure serving as the President of CILT's Board of Directors for the past year. During this time, I've had the privilege of working alongside a group of dedicated fellow Board members, many of whom have lived experience as people with disabilities. All of them bring a wealth of skills and knowledge and share the common goal of advancing the organization and fostering the principles and values of the Independent Living movement. This year, we welcomed Anita Singh-Shetty to the Board of Directors.

Looking back on the past year, we celebrated CILT's 40th and Direct Funding's 30th anniversaries. We marked both of these incredible milestones with fabulous galas at Hart House on the University of Toronto campus. Over the last year, we also began developing a new strategic plan. Led by consultants at BoardWalk Group, this plan will guide the organization over the next several years and help ensure that CILT continues to grow, innovate, and provide the programs and services that our members have come to expect from us.

During my time as president, I've also had the privilege of working closely with Wendy Porch, CILT's executive director. Wendy continues to keep me informed on CILT's operations and provides the board with sound knowledge and advice that has helped guide our governance of the organization. I would like to thank Wendy, the Senior Leadership Team, and all of the staff at CILT for their steadfast dedication and commitment to removing barriers and advancing accessibility and inclusion for everyone CILT serves and supports.



“Over the last year, we began developing a new strategic plan.”

—DARREN COOPER

I would also like to recognize and thank our funders at the Ministry of Health, Independent Living Canada, the City of Toronto, Ministry for Seniors and Accessibility, and United Way Greater Toronto for their generous financial support. With the contributions of these partners, CILT can continue to offer important programs and services to our members.

Although it has been a successful year, with many notable accomplishments, there is still much work to be done to remove barriers faced by people with disabilities. I've been proud to be a part of CILT over the past several years as we move towards a more equitable, accessible, and inclusive society for everyone. Thanks to all of you for being with us on this journey.



Darren Cooper addresses the audience at the CILT 40th anniversary gala event

Executive Director

Wendy Porch



This year has been one of profound significance for the Centre for Independent Living in Toronto (CILT) as we marked our 40th anniversary of empowering people with disabilities to live independently and control our own lives. Anniversaries are not simply opportunities to look back; they are also moments to stand firmly in the present and chart a course for the future. At CILT, this milestone became both a celebration of what has been achieved and a recommitment to the work still ahead.

The highlight of our year was undoubtedly our **40th Anniversary Celebration at Hart House**. More than 120 members of our community gathered and reconnected with each other over shared stories, laughs, and reflections on CILT's journey—from our earliest days of advocacy to our vision for the decades ahead. Together, we reaffirmed the heart of the Independent Living philosophy: that disabled people have the right to direct our own lives, to make our own choices, and to build communities rooted in dignity and joy.

This celebration was made possible by the extraordinary efforts of our anniversary planning team—Melissa Watanabe, Amanda Dorter, Sara Stonehouse, Raihan Hussain, and our consultant Kyle Armstrong—whose dedication ensured a year of events filled with warmth, connection, and meaning. The evening also marked the launch of the inaugural Sandra Carpenter Award for Artists, honouring creativity and disability culture in a way that reflects both our history and our future.

Alongside celebrating CILT's legacy, we have maintained our dedication and have continued

“CILT marked our 40th anniversary of empowering people with disabilities to live independently and control our own lives.”

— WENDY PORCH

the essential, and often complex, work of building programs, advancing advocacy, and modernizing systems to ensure our services remain responsive and strong.

Direct Funding Program

This year, the **Direct Funding Program (DF)** celebrated its own 30th anniversary—an extraordinary achievement for a program that has transformed the lives of thousands of Ontarians with disabilities. DF enables consumers to hire and manage their own attendants, making independent living a reality rather than an aspiration.

Under the leadership of Senior Manager **Leisa DeBono**, the program has undertaken significant modernization efforts. Among this year's achievements:

- Commenced efforts towards automating the application process to make access more efficient.
- Developing online courses to prepare and support applicants.
- Strengthening partnerships with Independent Living Centres across Ontario.
- Hiring new intake staff to reduce wait times for applicants.
- Completing a comprehensive **Direct Funding Review** with Ontario Health and the Ministry of Health, with recommendations now being implemented by five newly hired contract staff.
- Updating the Budget Increase Request process to make it clearer and more consumer friendly.
- Launching a series of anniversary events across the province to mark three decades of this landmark program.

My deep thanks go to the DF team, who safeguard this unique and hard-won program while ensuring it remains strong for the generations to come.

Attendant Service Application Centre (ASAC)

The **Attendant Service Application Centre (ASAC)** program continues to play a vital role in connecting consumers with outreach and supportive housing services across Toronto and York Region. In an environment of growing demand and limited resources, ASAC has focused on modernization and consumer-centred improvements.

This year's program achievements include:

- Partnering with Arcverity Consulting to launch the **ASAC Modernization Project**, redesigning intake and governance to strengthen accountability and responsiveness.
- Processing **348 new applications**, with **42 applicants receiving supportive housing placements**.
- Expanding supportive housing options with **four new locations** in 2024/25.
- Piloting a post-secondary student initiative and expanding outreach to high schools across the Toronto District School Board, with plans to extend outreach to York Region in 2026.

I am grateful to **Danielle Daoust** and the ASAC team for their dedication to ensuring consumers remain at the heart of everything they do.

Core Programs

CILT's **Core Team**, led by **David Meyers**, continued to deepen its impact by fostering connection, creativity, and advocacy across our community. This year:

- Our **Peer Support and Parenting with a Disability Network** served more than **710 individuals**, offering safe, creative spaces such as the Disabled Writers Drop-In and *Word Play Creative*—a partnership with Vibrant Healthcare Alliance centering women, non-binary, trans, and two-spirit disabled writers.
- Our **Independent Living Skills program** supported over **570 individuals**, including at least **340 people** in self-advocacy related to service rights. The program also co-hosted two powerful public events:
 - *International Day of People with Disabilities* in December.
 - *From Resistance to Resilience: Combating Oppression as Black Disabled People in Toronto*, held during Black History Month. Together these events engaged **272 participants**.
- Our **Service Navigation program** supported at least **900 individuals** with information and referrals across priority services for our community, namely in areas like information on Independent Living, housing referrals, government income security programs, and more.
- **The GTA Disability Coalition** gave 3 deputations at the 2025 City of Toronto budget meetings, calling for bold investments in crises like disability poverty reduction and inaccessible housing. Administered by CILT, our cross-disability network of 14 partners also supported over 12 projects, petitions and campaigns advancing the voices and priorities of disabled residents in policy solutions.
- Through the **IDE+A Project** we delivered over **30 Foundations of Disability**

Inclusion workshops to nonprofits and healthcare centres across the GTA. This work challenges organizations to go beyond minimum compliance, fostering true cultures of access and inclusion in both social service programming and in healthcare.

Thank you to the Core Team for bringing both heart and vision to this work.

Operations and PSW Training Fund

Behind every successful program is a foundation of strong operations. This year, our **Operations Team**, led by **Melissa Watanabe**, has continued to modernize our systems and strengthen our infrastructure. Achievements include:

- Enhancing IT security and systems to safeguard consumer information and support a hybrid workplace.
- Leading new communications initiatives to better tell CILT's story and amplify our impact.
- Coordinating the **PSW Training Fund**, through which:
 - **30 organizations** were funded across Central and Toronto Central regions.
 - **2,376 learning opportunities** were supported, including 251 PSW certifications, 1,749 clinical training opportunities, and 376 innovation project participants.

This work ensures that consumers receive care from well-trained, supported attendants and PSWs—the backbone of Independent Living.

Strategic Planning and Looking Ahead

CILT is actively working toward a new **strategic plan**, which we will share soon. This plan will guide us into the next decade, holding firm to Independent Living values while boldly addressing ableism in systems, structures, and attitudes.

We also conducted our **third annual workplace well-being survey**, continuing our commitment to being not only an effective organization but also a healthy, supportive place for staff to grow and thrive.

In Memoriam

This year, we mourned the loss of **Audrey King**, a long-time member of the CILT family, an Independent Living champion, and a clinical psychologist at Holland Bloorview Kids Rehabilitation Hospital. Audrey's no-nonsense advocacy, wisdom, and commitment influenced generations of disabled youth and left an indelible mark on CILT. We honour her memory and draw inspiration from her example.

We also remember **Elder Wanda Whitebird**, a spiritual leader and harm reduction advocate who spent many years supporting Indigenous communities in Toronto and shared her wisdom with CILT. Wanda's presence brought strength, warmth, and cultural grounding in our work, and her legacy continues to inspire us all.

Closing Reflections

This 40th anniversary year has reminded us that Independent Living is not just a philosophy—it is a living, breathing practice that demands persistence, creativity, and courage. The ups and downs of this year mirror the truth of independent life itself: choices made, challenges faced, mistakes learned from, and joys embraced.

I extend my heartfelt thanks to our **Board of Directors**, especially **Darren Cooper**, for their wisdom and guidance, and to our members, funders, and donors for standing with us in this work. Most of all, I thank the staff of CILT, whose dedication ensures that the values of autonomy, choice, and control are not only words but daily realities for our community.

As we look to the next 40 years, we do so with renewed energy, vision, and solidarity. Together, we will continue to shape a world where disabled people direct our own lives, and where Independent Living remains both our philosophy and our practice.



A forward looking snapshot of the auditorium during the CILT 40th anniversary gala event

Treasurer's Report

Ken Conners

A condensed version of CILT's audited financial statements for the fiscal year ending March 31, 2025, is included in this annual report. A complete version of the report is available on request.

CILT's finances were audited by Kriens-LaRose, LLP Chartered Professional Accountants. As usual, CILT received a "clean" report from its auditors.

The top part of the condensed statements – **Statement of Financial Position** – shows CILT's assets and liabilities as of March 31, 2025, for all CILT's programs. Comparative figures from the 2023-24 fiscal year are also shown.

CILT's assets include Cash and Short- and Long-term Investments. All investments follow the Investment Policy approved by the Board of Directors.

Our liabilities included Deferred Funding (money received from funders but not yet spent at year end) and our Restricted Funds, which are for the Vic Willi and Sandra Carpenter awards.

At year end, our Net Assets were \$537,986. This amount is CILT's Reserve Fund and is what would be left over if all CILT's liabilities were paid out from its assets. The Reserve increased by \$37,814 from interest and dividends earned on the investment of the Reserve Fund.



A clean report

— FROM THE AUDITORS

The bottom part of the report – **Statement of Operations** – shows revenues and expenses for each of CILT’s three main programs, a total for all three programs together, and comparative figures from 2023-24.

The first column – **Core Programs** – shows the revenues and expenses for CILT’s core programs and operations.

The year’s Core revenues totalled \$1,501,947. This came from Ontario Health Toronto (the Ministry of Health), from fees for administering the Direct Funding Program and the PSW Training Program, from the United Way and the City of Toronto, from investments, and from interest, donations, and other income.

The main Core expenses consisted of personnel, program, and overhead costs.

Revenues and expenses for the **Direct Funding (DF) Program** are shown in the second column.

This program had total income of \$54,617,109 from Ontario Health.

The largest expense item (\$52,499,903) represented subsidies to participants (DF Self-Managers) as well as to other Independent Living centres across the province that provide program and administrative support. The DF program covered substantial portions of CILT’s personnel expenses, rent, and other

overhead costs. DF expenses also included an administrative fee of \$440,900 for CILT’s work in running the program; this amount became a revenue to the Core Programs. The DF Program operates on a breakeven basis, so no surplus is shown; any unused funds are repayable to Ontario Health Toronto.

The third column shows the **Personal Support Worker (PSW) Training Program**. Under this program, Ontario Health Toronto provided \$1,011,467 of funding. CILT distributed this funding among the various participating agencies that provided PSW training and retained \$112,710 as an administrative fee which became a revenue to the Core Programs.

The day-to-day accounting and preparation of CILT’s budgets and financial reports have been done by Chak Lee and Ye Wang of Envision Accounting and Business Services under the direction of Wendy Porch.

In preparing the audit this year, the auditors did not make any adjustments to the year-end statements prepared for the Board by Chak and Ye. It is fairly rare that auditors accept management statements without any changes, but this is the second year in a row that Chak and Ye have achieved it. We owe them both thanks for a job well done!

CILT Condensed Financial Statements

Condensed Version of Audited Financial Report - March 31, 2025

Statement of Financial Position

	2024-25	2023-24
	\$	\$
Assets		
Cash	13,030,976	21,691,437
Short-term Investments	20,777,222	3,269,660
Other Current Assets	623,709	1,848,467
Long-term Investments	2,257,741	2,670,163
Capital Assets	16,964	32,157
Total Assets	36,706,612	29,511,884
Liabilities & Net Assets		
Current Liabilities & Deferred Funding	36,101,202	28,991,371
Restricted Funds	67,424	20,341
Net Assets / Reserves	537,986	500,172
Total Liabilities & Net Assets	36,706,612	29,511,884

Statement of Operations

	Core Programs	Direct Funding Program	PSW Training Program	Total 2024-25	Total 2023-24
	\$	\$	\$	\$	\$
Revenues					
Ontario Health Toronto	654,353	54,617,109	1,011,467	56,282,929	58,876,185
Administrative Income / Deferrals	416,613	0	0	416,613	342,397
United Way - Program Funding	327,868	0	0	327,868	285,211
City of Toronto Grants	29,365	0	0	29,365	28,182
Investment Income	37,812	622,053	0	659,865	364,272
Self-Generated Income / Other	35,936	0	0	35,936	157,814
Total Revenues	1,501,947	55,239,162	1,011,467	57,752,576	60,054,061
Expenses					
Subsidies to Participants	0	52,499,903	898,757	53,398,660	56,011,476
Personnel	1,212,293	1,771,675	0	2,983,968	2,586,969
Administration	12,028	440,900	112,710	565,638	582,446
Purchased Services	105,457	163,864	0	269,321	245,775
Building Occupancy	75,334	204,923	0	280,257	284,077
Program	42,000	133,030	0	175,030	258,578
Staff / Board	17,021	24,867	0	41,888	30,426
Amortization	0	0	0	0	9,211
Recruitment / Outreach / Other	0	0	0	0	644
Total Expenses	1,464,133	55,239,162	1,011,467	57,714,762	60,009,602
Excess of Revenue over Expenses	37,814	0	0	37,814	44,459



Leisa DeBono

2024–2025 Founders' Award Recipient

The Founders' Award was established on CILT's 10th Anniversary in 1995 to recognize the significant contribution of individuals who both exemplify and have advanced the Independent Living philosophy in the spirit of its founders.

We are thrilled to announce that Leisa DeBono has been selected by CILT's Board of Directors as the recipient of the 2024-2025 Founders' Award for her contributions to CILT and the Direct Funding (DF) program.

Leisa has been a transformative force for CILT for over 30 years. Her fierce commitment to the DF program has had enormous impact on the lives of disabled individuals throughout Ontario, meeting the needs of consumers to live independently and participate in their communities.

Born and raised in Etobicoke, Leisa attended York University, graduating in 1989 with an Honours Bachelor of Arts degree in English. After spending some time working, she and her future husband, Jim, took a year off and travelled the world together, marrying in 1992.

Leisa joined DF in 1994 as the administrative coordinator, leading many of the eligibility interview panels and even travelling across the province to meet applicants in person. She also helped some of the original Self-Managers with their payrolls, back before everyone hired their own bookkeepers.

One of the biggest privileges of her career was to work alongside her friend and mentor, Ian Parker, who passed away in 2021. Leisa and Ian were always great supporters for each other during challenging times. Their families also became close, and Leisa once won a trivia contest for knowing the most minutiae about Ian! Together, they helped DF grow from a

75-person pilot to the many hundreds of Self-Managers on the program today. The immense impact Leisa brought to the program would see her promoted to program manager in 2011.

When COVID-19 forced CILT to pivot to a fully online working environment, Leisa fearlessly navigated DF through the shift to ensure Self-Managers would continue to receive uninterrupted funding. She worked with her team to provide updates and resources about PPE and vaccines to the community. She continues to drive the program forward with compassion, expertise, and contagious enthusiasm.

Leisa enjoys spending time with Jim; her two children, Rose and Jacob; and the family cat, Mango, and dog, Gracie. When not at her desk, she walks with Gracie and her neighbours, and she is a determined do-it-yourself homeowner. And you can always count on her to promote Direct Funding and Independent Living wherever she goes!

In last year's Annual Report, Leisa wrote, "I have always believed Direct Funding is a program that epitomizes the Independent Living philosophy because it truly offers choice, flexibility, and control over one's life in a way no other program does. I am pleased and proud to have been a part of this amazing program for the past three decades."

Leisa, your ongoing contributions and commitment to championing and fighting for Direct Funding and CILT are highly valued. We present the Founders' Award to you as much-deserved recognition of the excellent work that you have done with us and with the disability community for over 30 years, and that you continue to do every single day.

Additional Awards

CILT is privileged to recognize disabled leaders, artists, writers, and youth for their outstanding contributions in promoting and embodying the principles of the Independent Living philosophy. In addition to the Founders' Award, here are the recipients of CILT's annual awards in 2025:



Vic Willi Award for Youth

Granted to a young disabled person who is showing leadership in disability activism and disability rights.

This award was presented at CILT's 40th anniversary gala and recognized Jessica Gill for her outstanding youth leadership challenging healthcare professionals and educators to think differently by sharing her own lived experience of disability and chronic pain.



Sandra Carpenter Award for Artists

Granted annually by the CILT Board of Directors to an artist with a disability whose artistic achievement demonstrates creativity, originality, and a commitment to the values of Independent Living.

At CILT's 40th anniversary gala, the inaugural Sandra Carpenter Award for Artists was presented to Robaba Mohammadi for her incredible paintings that demonstrate extraordinary talent and unwavering determination that embody the spirit of independence.

Helen Henderson Literary Award

Granted annually to a writer who has published an exceptional piece of writing that raises social awareness of a disability issue or barrier.

The 2025 recipient will be announced and awarded at the AGM on September 26, 2025.



Celebrating 40 Years of CILT

This year we had the incredible honour to celebrate the Centre for Independent Living in Toronto's 40th anniversary of empowering people with disabilities to live independently and control their own lives. Such a milestone was only possible through the incredible passion and dedication shared across our staff teams, Board of Directors, consumers, cross-disability partnerships, and the generous

fundors that support our programs and initiatives. Here are some of the events and activities that took place to honour CILT's 40th, celebrating our legacy and acknowledging the work that remains toward wider adoption of Independent Living principles in society.

You can view recordings of the events or read activity summaries across our YouTube channel and website: www.cilt.ca.



40th Anniversary Kickoff

Celebrating CILT Through the Decades for Independent Living Day in Canada

June 3, 2024

A virtual gathering kicked off the year of festivities, where we underscored the incredible work of our community, both past and present, as we continue to champion Independent Living as a relevant and evolving concept. We shone a spotlight on CILT's impactful contributions to the community and examined the drivers propelling our movement forward.



CILT Through the Decades

Video Series

June 3, 2024

A four-part video series titled "CILT Through the Decades" was produced to capture key emotions and moments from each of the decades from CILT's inception to our celebration this past year.

- Part 1: The Birth of IL
- Part 2: Establishing CILT
- Part 3: Evolutions
- Part 4: Moving Forward Together



Celebrating 40 Years of CILT

ary Announcement - Wendy Porch



are hoping in June of next year of 2025 to have a big Gala to celebrate our 40th

CILT's 40th Anniversary Announcement

Wendy Porch

July 23, 2024

CILT's Executive Director, Wendy Porch, announced the official launch of CILT's 40th anniversary celebrations and teased the activities and events coming up. Additionally, CILT's Direct Funding program was celebrating its 30th anniversary.

Awards Presentation 2024 + 40th Anniversary Fireside Chat



40th Anniversary Fireside Chat

October 25, 2024

During CILT's 40th AGM there was a special program consisting of a panelist chat. They reminisced about what it was like 40 years ago when CILT was just getting started and how things have changed and – in some respects – not changed for people with disabilities living in Toronto.



A collection of testimonials about CILT were shared in video and written formats by our partners, consumers, and other key figures in the disability community. They spoke to how they got involved with CILT and the lasting impact it would have in feeling motivated with a sense of passionate and renewed direction for their work/lives.

Click to view [testimonials and reflections](#) on the CILT website.



Celebrating 40 Years of CILT



40th Anniversary Gala Event

From Foundations to Futures

June 5, 2025

The 40th anniversary celebrations were capped off at a gala event at Hart House where all CILT staff, Board of Directors, consumers, partners, funders, and other key community figures gathered to socialize and share in the fun over keynote speeches, comedy, and refreshments. The event also saw the 2025 Vic Willi Award for Youth handed out, as well as the inaugural Sandra Carpenter Award for Artists. Kristyn Wong-Tam, MPP of Toronto Centre, attended the event and awarded CILT a certificate of recognition marking the 40th anniversary. The event was attended by over 120 people and it was the first time CILT hosted an in-person event of this scale since before the start of the COVID-19 pandemic.



2024-2025 Statistical Highlights

For the fiscal year: April 1, 2024 – March 31, 2025

General

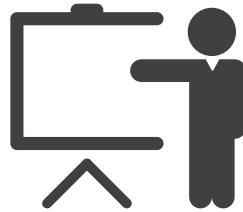
54,121 ▶ inquiries received

50,372

▲ number of visitors to CILT website, including ASAC pages

1,513

▲ Total participants in CILT training workshops/groups



ASAC

4 ▶ New supportive housing locations



42 ▶ waitlist applicants placed in supportive housing

348 ▶ New ASAC applications received



Core

471

▶ Participants registered for the PDN, Peer, and Disabled Writers groups

Social Media



2,000 ▶ X followers



1,000 ▶ Facebook followers



232 ▶ LinkedIn followers



113 ▶ Instagram followers



201 ▶ YouTube subscribers

6,500 ▶ YouTube views in fiscal year

283 hours

▲ YouTube total watch time in fiscal year

2024-2025 Statistical Highlights

For the fiscal year: April 1, 2024 – March 31, 2025

Direct Funding

74

▲ number of new
DF participants

32%

More than
15 years

20%

Up to
5 years

Participants
on DF

48%

5–15 years



126,530

▲ hours of service
provided by DF



228

▲ completed
applications received



144

▲ DF interviews
conducted



95

▶ age of oldest DF participant

Tribute to **Audrey King**

We respectfully honour the life and legacy of Audrey Jolayne King, a pioneering disability rights advocate, rehabilitation psychologist, writer, and educator, who passed away on March 16, 2025.

Audrey was one of the first Canadians with high-level quadriplegia to live independently in the community. After contracting polio at the age of nine, she defied institutional expectations and went on to become a leading voice in the Independent Living movement. Her work challenged societal assumptions about disability and emphasized the importance of autonomy, dignity, and community-based care.

Audrey was a long-time friend and collaborator of CILT, where her presence, wisdom, and advocacy profoundly influenced disability rights and programming. She also served on numerous advisory committees



and co-founded Citizens for Independence in Living and Breathing (CILB), championing self-determination for people with complex care needs.

As a rehabilitation psychologist Audrey combined academic insight with lived experience, writing, and speaking widely about the harms of institutionalization and the need for systems rooted in respect and equity. Her words continue to resonate:

“Every person, no matter how severe his or her disability, can maintain control over his or her life solely by means of the commitment that other people are willing to make to the person’s well-being.”

Audrey King is remembered for her brilliance, advocacy, and unwavering commitment to justice. Her teachings and leadership continue to inspire the disability community, and her legacy lives on in the many lives she touched across Toronto and beyond.

In Honour of **Wanda Whitebird**

With deep respect and heavy hearts, we remember Elder Wanda Whitebird, a Mi'kmaq woman of the Bear Clan from Afton, Nova Scotia, who passed away on November 14, 2024. Wanda was a well-known spiritual leader and harm reduction advocate who spent many years supporting Indigenous communities in Toronto. Her work focused on healing, justice, and creating safe spaces for people facing difficult circumstances.

Wanda shared her wisdom and guidance with many organizations, including CILT, where her presence brought strength, warmth, and cultural grounding. Her work spanned decades – supporting Traditional Healing Programs at Anishnawbe Health, serving as a Penitentiary liaison, and offering outreach through the



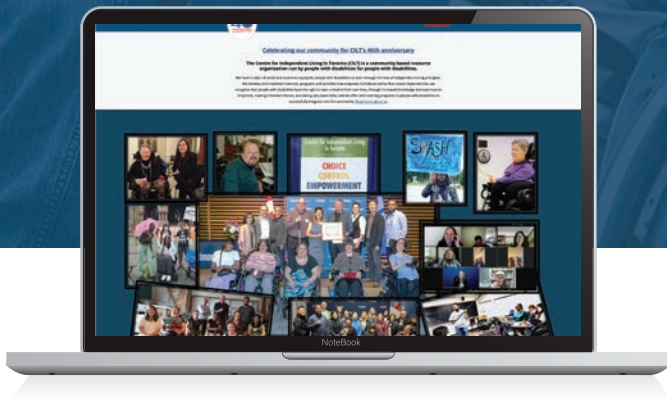
Ontario Aboriginal HIV/AIDS Strategy.

She was the lead Elder of the annual Strawberry Ceremony to Honour Missing and Murdered Indigenous Women, Girls, and Two-Spirit people, a gathering held outside the Toronto

Police Headquarters, always reminding us, “We’re here in love, not anger.” She described her harm reduction work as “unconditional love,” a principle that shaped her support for Indigenous people and beyond.

In recognition of her lifelong commitment to community care, she received the Casey Award in 2024. Wanda Whitebird is remembered for her leadership, kindness, and deep spiritual teachings. Her legacy continues to inspire those at CILT and in communities across Toronto and beyond.

CILT in the news



May 16, 2024

[Toronto Community Champion Awards](#)

CILT was honoured to be one of 25 community nonprofits receiving the Toronto Community Champion Award

May 28, 2024

[1 in 8 Pregnant People Have Disabilities but Face Lack of Accessible Care: Report](#)

July 8, 2024

[Equity and Inclusion in Pregnancy Care](#)

August 29, 2024

[Review of the Design of Public Spaces Standards in Ontario Webinar | GTA Disability Coalition](#)

January 23, 2025

[Wendy Porch Urges Budget Committee to Invest in the Lives of People with Disabilities in Toronto](#)

January 24, 2025

[Fund Reducing Disability Poverty | Kim Adlard Deputation at Toronto Budget Committee](#)

February 27, 2025

[Combating Oppression as Black, Disabled People in Toronto | CILT's Black and History Month Event](#)

June 11, 2025

[Wendy Porch on "Kelly and Company" Discussing CILT's 40th Anniversary](#)

CILT Socials



The Centre for Independent Living in Toronto (CILT) has a variety of accounts and profiles across many social media platforms. Find us on our socials!



Facebook

Profiles:

[GTA Disability Coalition](#)

Groups:

[IL Skills group](#)

[CILT's Disabled Writers:](#)

[CILT's Parenting with a Disability Network](#)



X

[GTA Disability Coalition](#)



LinkedIn



YouTube



Instagram



CENTRE FOR INDEPENDENT
LIVING IN TORONTO

365 Bloor Street East, Suite 902

Toronto, Ontario M4W 3L4

Tel: 416-599-2458

Fax: 416-599-3555

Email: cilt@cilt.ca

www.cilt.ca